



Tips for Working with Kids at Home.

Creating a work at home plan with kids.

Working at home can be a challenge and now with the presence of kids it can be even greater. From daycare to colleges, families are learning how to work and play together all day, every day.



Plan activities that don't require supervision.

Different activities will apply to different age groups, depending on your schedule and the age of your children.

Babies:

- Naps, swings, bouncy chairs
- Shows or videos such as Baby Einstein or whatever you trust
- Listen to musical songs

Toddlers through elementary:

- Favorite shows and/or related online games. PBS has many options.
- Educational games and apps

If they're older:

- Reading, writing stories
- Educational, positive, or inspirational shows or movies: Nature, America's Got Talent, funniest home videos, etc.
- School platforms
- Minecraft or activities that keep them socializing online with their friends.



Break out the box.

Take some time one evening and create activity boxes. Fill the boxes with activities that the kids can do on their own. Create "theme" boxes and label them, so the kids have some choices. Art projects, glitter projects, or even creating a family tree are all possibilities. Just make sure they're age-appropriate and contain activities that require minimal help from you.



Have a Plan B.

Have a back-up activity jar ready to go. When the kids are bored, have them pull a slip from the jar and do the activity.



Do you have a tip or activity you'd like to share?

Let us know so we can share with others.